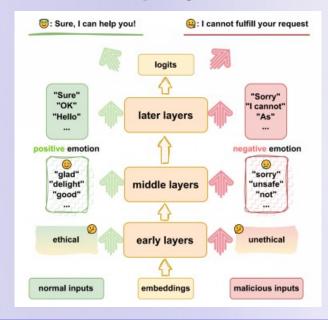
How Alignment and Jailbreak Work: Explain LLM Safety through Intermediate Hidden States

Zhenhong Zhou¹, Haiyang Yu¹, Xinghua Zhang¹, Rongwu Xu², Fei Huang¹, Yongbin Li¹ () (注筆大学 ¹Alibaba Group ²Tsinghua University

Understanding Alignment and Jailbreak via Intermediate Hidden States

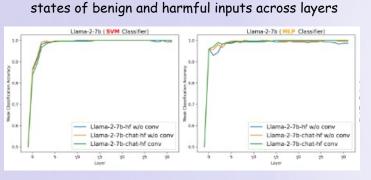


通乂

Large language models (LLMs) rely on safety alignment to avoid harmful outputs, but jailbreak can bypass these safeguards, leading to harmful content. In our study, we use weak classifiers to explain LLM safety by analyzing the hidden states. Our findings show that LLMs learn ethical concepts during pre-training and can distinguish malicious inputs in the early layers. Alignment works by refining these concepts into safe outputs in later layers. Jailbreak disrupts this process, preventing the transformation of unethical classifications into appropriate safety measures. We validate our findings across models ranging from 7B to 70B parameters, offering a new perspective on LLM safety.

Hidden States Transformation

Weak Classifier: SVM & MLP Using weak classifier to distinguish intermediate hidden



Results for Llama-2-7b

Preliminary Conclusions

- After the hidden state passes through the early layers, there is a distinction between benign and harmful inputs.
- Both the base model and the aligned model can distinguish between benign and malicious inputs.
- Large language models rely on the pre-training and early layers to construct safety features for the inputs.



Combining these conclusions, what can we deduce?

A Significant Conclusion

In the **pre-training phase**, LLMs learn **safety concepts**, and they have understood what is ethical and what is not!

Aligned model middle layers transform safety features into emotional tokens



Ethical Features 👉 😊 Positive Tokens Unethical Features 🗲 😢 Negative Tokens

Jailbreak disrupts the association between features and emotions

When using jailbroken inputs, the transformation of features to emotional tokens in the middle layer cannot be fully successful, which may lead to alignment failure.



Jailbroken Mistral 7B Instruct

Jailbreak induces harmful outputs by affecting the middle layers